



**The Leaders
Guild**

Centre for Leadership and Management Tangaza University.

**The Leaders Guild Team is proud to be graduating as CDI Certified Professional Coaches
On 16th May 2025.**

#EmbeddingCoachinginLeadership

PROUD TO BE GRADUATING AS A
CDI-CERTIFIED PROFESSIONAL COACH
ON 16TH MAY, 9AM



Sr. Elizabeth Onoja, MSHR
Program Coordinator
The Leaders Guild, Tangaza University

I am grateful to be part of the story of growing thinkers for societal transformation!

Living in a world with so many voices and distractions, it takes determination, intentionality and curiosity to think and sieve through in order to identify the right voice and direction.

My coaching experience offered me an opportunity that expanded my self-awareness, realized deeply in the ability to take a pause and in silence go within, only to emerge stronger and full of insights.

Enabled to be more humane in my approach to life and to see differently and positively amidst challenges, I have collaborated with others who through the coaching tool are now better versions of themselves.

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Sr. Teresiah Njoki Njoroge
Assistance Program Coordinator
The Leaders Guild, Tangaza University

Becoming a coach has been a transformative journey for me, both at personal and professional level. It has deepened my self-awareness, improved my listening skills, and enhanced my ability to understand others. Coaching has allowed me to set personal goals thus fostering growth in both myself and those I work with.

It has brought a sense of fulfillment, clarity and provided a sense of purpose now that I have the tools to help maximize my own potential as well as inspire and guide others on the same. It has enriched my life and enriched my ability to positively impact those around me.

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Sr. Elector Moraa Mogaka, FSJ
Financial Officer, The Leaders Guild
Tangaza University

First, I would like to take this opportunity to thank Almighty God for carrying me this far.

Coaching has been a profound journey, shaping my growth both as a professional and as a religious nun. It has strengthened my self-awareness, boosted my confidence, and deepened my ability to connect meaningfully with others, empowering me to make a positive impact in society.

Through coaching, I have embraced the Iceberg Model, which reminds me to look beyond the surface and reflect on the deeper, unseen aspects before making judgments. This insight has allowed me to foster stronger, more authentic relationships, both professionally and personally.

Most importantly, coaching has revealed that every individual holds the answers within themselves. Trust is the foundation of the coaching profession, making true transformation possible. I extend my heartfelt gratitude to CDI Africa for shaping my journey and contributing to my professional growth.

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Florence A. Ochanda
Research & Training Coordinator
Tangaza University- CLM

Coaching has allowed me to set SMART goals. I hold myself accountable to achieve these goals and no longer feel under pressure to deliver. This means I must develop the capacity to stay on the task at hand to achieve my goals.

I feel more confident to approach tasks and can easily identify opportunities for improvement in my personal and professional life which has led to overall life satisfaction. Coaching has also solidified my values helping lead to commit to a Value Centered life.

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Lucy Wendy Aguta
Public Relations & Marketing Officer,
The Leaders Guild, Tangaza University

My coaching journey was not smooth but transformative. I love the transformational impact of coaching in my life. I am more Mindful, a listener, intentional and Pro-Active.

It is heartwarming and fulfilling to journey with someone and see them change and get better. I am glad that coaching has given me the wonderful opportunity to walk with others and celebrate their wins.

In conclusion coaching was a call, a call to keep growing and positively impact lives. My vision is to be poured out into many lives that will be transformed and positively impact society. Philippians 2:17

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Fredrick Ochieng Oyugi
Customer Service & Operations
The Leaders Guild, Tangaza University

The Journey of training to become a coach has been exemplarily transformative in my professional and personal life. It has deepened my ability to listen more, inspire positive change, connecting well with others and being able to communicate effectively with purpose and meaning.

I am now able to guide teams with confidence and empathy through acquired skills in cultivating self-awareness, fostering resilience and a growth mindset while navigating challenges with clarity and purpose. Coaching remains a lifelong mindset of learning and growth at my individual and work level.

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